

# CHURCHILL'S

MARSH FARM



FISH & CHIPS

OUR FAMILY TRADITION SINCE 1923

## GLUTEN FREE MENU

AVAILABLE ALL DAY  
EVERY MONDAY AND TUESDAY

### GF FISH

GF MEDIUM COD	£5.60
GF LARGE COD	£6.30
GF KIDS COD MEAL	£3.95
GF PLAICE	£5.60
GF MEDIUM HADDOCK	£5.60
GF LARGE HADDOCK	£6.30

### GF CHIPS

GF REGULAR CHIPS	£2.05
GF LARGE CHIPS	£2.75

### GF SIDES

GF CURRY SAUCE	£1.85
MUSHY PEAS	£1.80
PICKLED ONION	£0.65
GHERKIN	£0.75



Accredited by



All our Gluten Free products are cooked in a dedicated frying pan, separate from our standard products. Only Gluten Free products are cooked in this fryer on our Gluten Free Days.

We use the same oil to fry our Gluten Free Cod, Plaice, Haddock, Battered Sausages, Plain Sausages and Chips. This means any product fried in that oil may contain traces of Fish (Cod, Plaice, or Haddock), Soya or Sulphites.

We take steps to try and stop nuts or traces of nuts from accidentally getting into ingredients before the food is served to you, but we cannot guarantee our food is completely nut or peanut free due to our business environment.

To the best of our knowledge, all information provided is correct at time of going to print (May 2019) and the products listed below are suitable for people intolerant to Gluten.

If we can help by providing further information for any of our products, please let us know and we will be more than happy to help.

For further information please contact us as 01279 713560 or alternatively via [hello@tcg-ltd.co.uk](mailto:hello@tcg-ltd.co.uk)

**GF COD** Ingredients: Cod, Ground White Rice, Gluten Free Batter Mix (Rice Flour, Potato Starch, Tapioca Flour, Maize Flour, Buckwheat Flour, Gram Flour, Raising Agents (Sodium Bicarbonate, Mono Calcium Phosphate, Salt), Palm Oil

Allergens: Fish (Cod). May contain traces of Plaice and Haddock.

**GF PLAICE** Ingredients: Plaice, Ground White Rice, Gluten Free Batter Mix (Rice Flour, Potato Starch, Tapioca Flour, Maize Flour, Buckwheat Flour, Gram Flour, Raising Agents (Sodium Bicarbonate, Mono Calcium Phosphate, Salt), Palm Oil

Allergens: Fish (Plaice). May contain traces of Cod and Haddock.

**GF HADDOCK** Ingredients: Haddock, Ground White Rice, Gluten Free Batter Mix (Rice Flour, Potato Starch, Tapioca Flour, Maize Flour, Buckwheat Flour, Gram Flour, Raising Agents (Sodium Bicarbonate, Mono Calcium Phosphate, Salt), Palm Oil

Allergens: Fish (Haddock). May contain traces of Cod and Plaice.

**GF CHIPS** Ingredients: Potatoes, Palm Oil

Allergens: May contain traces of Fish (Cod, Plaice, Haddock)

**GF CURRY SAUCE** Ingredients: Sugar, Palm Oil, Modified Maize Starch, Salt, Maltodextrin, Rice Flour, Tomato Powder, Flavour Enhancer (E621), Ground Coriander, Flavouring, Onion Powder, Ground Ginger, Chilli Powder, Ground Cumin, Ground Turmeric, Rapeseed Oil, Garlic Powder, Ground Fenugreek, Citric Acid, Ground Cinnamon, Flavour Enhancer (E635), Black Pepper, Colour (Caramel Powder), Flavouring (Celery)

Allergens: Celery

**HOMEMADE MUSHY PEAS** Ingredients: Dried Marrowfat Peas, Water, Salt, Sugar, Sodium Carbonate, Sodium Bicarbonate, Acid Sodium Pyrophosphate, Food Colours E102 and E142.

Allergens: None

**PICKLED ONION** Ingredients: Water, Onions, Acetic Acid, Lactic Acid, Salt, Spices, Caramel, Preservative (E223)

Allergens: Sulphites

**GHERKIN** Ingredients: Gherkins, Water, Spirit Vinegar, Spices, Salt, Artificial Sweetener (saccharine 5mg per 100g) Mustard Seed

Allergens: Mustard